

Counselor Education

The Department of Counselor Education has been offering Master of Arts in Counseling programs in preparing professional counselors for over forty years. Students are attracted to our counseling program because it is a terminal degree leading to a career in counseling with a foundation that is both theoretical and applied. Our faculty models this orientation with scholarly activities and a strong emphasis in the applied. Most of the Counselor Education faculty have many years of work experience in the field as professional counselors and psychologists providing services to children, youth, and adults in individual, couples, and family counseling. The Counselor Education programs are nationally accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

The Department of Counselor Education Counseling Programs

CLINICAL MENTAL HEALTH COUNSELING, M.A. (<https://www.neiu.edu/academics/college-of-education/departments/counselor-education/clinical-mental-health-counseling-ma/>)

- 60-credit hour program
- Accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP)
- Eligible for Illinois licensure: Licensed Professional Counselor (LPC) and Licensed Clinical Professional Counselor (LCPC)
- Eligible for the Certificate in Clinical Mental Health Counseling (CCMHC) upon completion of required post-degree clinical experience and supervision

FAMILY COUNSELING, M.A. (<https://www.neiu.edu/academics/college-of-education/departments/counselor-education/family-counseling-ma/>)

- 60-credit hour program
- Accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP)
- Eligible for Illinois licensure: Licensed Professional Counselor (LPC) and Licensed Clinical Professional Counselor (LCPC)
- Eligible for Illinois Licensure: Associate Licensed Marriage & Family Therapist (ALMFT) and Licensed Marriage & Family Therapist (LMFT)
- Eligible for the Clinical Fellow credential of the American Association for Marriage and Family Therapy upon completion of required post-degree clinical experience and supervision

SCHOOL COUNSELING, M.A. (<https://www.neiu.edu/academics/college-of-education/departments/counselor-education/school-counseling-ma/>)

- 60-credit hour program (for applicants with a Professional Educator License)
- 72-credit hour program (for applicants without a Professional Educator License)
- Accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP)
- Eligible for Illinois licensure: Licensed Professional Counselor (LPC) and Licensed Clinical Professional Counselor (LCPC)
- Eligible for an Illinois Professional Educator License (PEL) with an Endorsement in School Counseling

REHABILITATION COUNSELING, M.A. (<http://catalog.neiu.edu/education/counselor-education/master-arts-rehabilitation-counseling/>)

- 60-credit hour program
- Accredited by the Council Council for Accreditation of Counseling and Related Educational Programs (CACREP)
- Eligible for Illinois licensure: Licensed Professional Counselor (LPC) and Licensed Clinical Professional Counselor (LCPC)
- Eligible for certification as a certified rehabilitation counselor (CRC)

The Department of Counselor Education Mission

The Mission of the Department of Counselor Education at Northeastern Illinois University is to provide a quality graduate education in Clinical Mental Health, Family, School, and Rehabilitation Counseling. Through a reflective, collaborative pedagogical approach, graduate students acquire transformative as well as culturally-sensitive knowledge and skills that promote personal, interpersonal, and professional development. The programs train graduate students to become skilled counselors in a diverse and changing world.

Mission Objectives

1. The Department of Counselor Education will recruit qualified applicants from culturally diverse backgrounds and will train counselors-in-training to be self-reflective, effective, and competent providers of services.
2. Program faculty will endeavor to include the most current evidence-based and outcome-based research in their coursework.
3. Syllabi will include current CACREP standards, as well as information from other sources to maintain an open and engaging curriculum that equips students to work in a variety of counseling settings.
4. The Department will conduct program evaluations, including recommendations and feedback from advisory board meetings, employers, program faculty, and current and former students. The information obtained will be reviewed annually for program evaluation purposes and incorporated into the program as appropriate.

Student Learning Outcomes

At completion of their training program, Counselor Education students will:

1. understand ethical standards of professional counseling organizations in all program areas and credentialing bodies, and demonstrate application of ethical and legal considerations in professional counseling in a multicultural context;
2. demonstrate the ability to integrate awareness, knowledge and skills in advocacy and social justice competencies within a multicultural counseling context;
3. understand and consider the application of developmental theories across the lifespan, including ethical and culturally relevant strategies for promoting resilience, optimum development, and wellness;
4. demonstrate understanding of career development in a multicultural setting and demonstrate the application of clinical interventions that consider the interrelationships among related life factors including work, well-being, mental health, relationships, and other life roles;
5. demonstrate understanding and competent application of counselor characteristics, behaviors, interviewing, techniques and counseling skills that influence the helping relationship for diverse clients across the lifespan;
6. demonstrate understanding and competent application of the dynamics, strategies, and conditions associated with effective group work with diverse clients in various counseling settings;
7. demonstrate understanding of principles and practice of culturally-informed and ethical use of strategies for the assessment and diagnosis of mental and emotional disorders, academic/education, career, personal, and social development; and
8. understand how to critique research to inform culturally informed and trauma-sensitive clinical practice and demonstrate competent use of research methods, needs assessment, and program evaluation skills important to the counseling profession.

Student Learning Outcome for Each Program Speciality

9. Students who are preparing to specialize as clinical mental health counselors will demonstrate the knowledge and skills necessary to address a wide variety of circumstances within the context of clinical mental health counseling.
10. Students who are preparing to specialize as marriage, couple, and family counselors are expected to possess the knowledge and skills necessary to address a wide variety of issues in the context of relationships and families.
11. Students who are preparing to specialize as school counselors will demonstrate the professional knowledge and skills necessary to promote the academic, career, and personal/social development of all P-12 students through data-informed school counseling programs.
12. Students who are preparing to specialize as rehabilitation counselors will demonstrate the knowledge, skills, and attitudes necessary to address varied issues within the rehabilitation counseling context.

Accreditation

Accreditation is the primary means of assuring both a high quality program and a systematic evaluation leading to its improvement. Northeastern Illinois University is accredited by the Higher Learning Commission (HLC) of the North Central Association. The Daniel L. Goodwin College of Education and the Department of Counselor Education are accredited by the Council for the Accreditation of Educator Preparation (CAEP) and the Illinois State Board of Education (ISBE).

CACREP Accreditation

The Department's Clinical Mental Health, Family, School, and Rehabilitation Counseling programs are accredited through the year 2024 by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP) (<https://www.cacrep.org>).

In addition, Counselor Education's graduate students are eligible to sit for the National Counselor Examination (NCE) during their last year of study. The eight core curricular areas of CACREP are the comprehensive foundation of the exam questions used for the NCE. A passing score on the NCE is one of the requirements for obtaining Illinois licensure (LPC and/or LCPC).

CORE Accreditation

On July 1, 2017, the Council on Rehabilitation Education (CORE) merged with CACREP. CACREP has now undertaken the responsibility of reviewing graduate level Rehabilitation Counseling programs.

Licensure and Certification

LPC/LCPC LICENSURE

Graduates of the Clinical Mental Health, Couple and Family, School, and Rehabilitation Counseling programs are also eligible to apply for and receive licensure as a Licensed Professional Counselor (LPC) (<http://www.idfpr.com/profs/ProfCounselor.asp>) upon successful completion of the requirements and licensure application(s) as set forth by the state of Illinois.

ALMFT/LMFT LICENSURE

Graduates of the M.A. in Family Counseling program are immediately eligible for the Associate Licensed Marriage and Family Therapist (ALMFT) credential in Illinois upon approval of their ALMFT application. Family Counseling graduates can apply for the Illinois Licensed Marriage and Family Therapist license (LMFT) upon successful completion of the post-degree credentialing exam, clinical experience, and supervision requirements as set forth by the state of Illinois.

CRC

Graduates of the Rehabilitation Counseling Program qualify to take the Certified Rehabilitation Counselor (CRC) (<https://www.crccertification.com/>) exam. Passage of this examination and its designation is an indication of an advanced level of specialized education and training.

ILLINOIS SCHOOL COUNSELOR ENDORSEMENT

The School Counseling program meets the educational requirements for the state of Illinois for a Professional Educator License (PEL) with a School Counselor Endorsement (PK-Age 21). Further information on school counseling and teacher education can be found at the Illinois State Board of Education (ISBE) (<https://www.isbe.net/>). In addition, students with an M.A. in Counseling (other than school counseling) or related degree who complete the School Counselor Endorsement component meet the educational requirements for the PEL, with a School Counselor Endorsement.

Non-Degree Endorsement in School Counselor Option

Contact the Department at (773) 442-5550 or counsedu@neiu.edu

- Master of Arts in Clinical Mental Health Counseling (<http://catalog.neiu.edu/education/counselor-education/master-arts-clinical-mental-health-counseling/>)
- Master of Arts in Couple and Family Counseling (<http://catalog.neiu.edu/education/counselor-education/master-arts-family-counseling/>)
- Master of Arts in Rehabilitation Counseling (<http://catalog.neiu.edu/education/counselor-education/master-arts-rehabilitation-counseling/>)
- Master of Arts in School Counseling (<http://catalog.neiu.edu/education/counselor-education/master-arts-counseling-education/>)
- Certificate in Couple & Family Counseling (<http://catalog.neiu.edu/education/counselor-education/couple-family-counseling-certificate/>)
- Addiction Counseling Certificate (<http://catalog.neiu.edu/education/counselor-education/addiction-counseling-certificate/>)
- Graduate Certificate in Trauma-Informed Counseling (<http://catalog.neiu.edu/education/counselor-education/graduate-certificate-trauma-informed-counseling/>)
- Certificate in Rehabilitation Counseling (<http://catalog.neiu.edu/education/counselor-education/certificate-rehabilitation-counseling/>)

Sharon Bethea, Ph.D., Professor (<https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/departments/counselor-education/faculty-and-staff-profiles/>)

Zachary Bloom, Ph.D., Associate Professor (<https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/departments/counselor-education/faculty-and-staff-profiles/>)

Mei-Whei Chen, Ph.D., Professor (<https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/departments/counselor-education/faculty-and-staff-profiles/>)

Hulya Ermis-Demirtas, Ph.D., Assistant Professor (<https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/departments/counselor-education/faculty-and-staff-profiles/>)

Beth Gilfillan, Ph.D., Assistant Professor (<https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/departments/counselor-education/faculty-and-staff-profiles/>)

Craig S. Johnston, Ph.D., CRC, Associate Professor (<https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/departments/counselor-education/faculty-and-staff-profiles/>)

Sharon Song, Ph.D., Assistant Professor (<https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/departments/counselor-education/faculty-and-staff-profiles/>)

Shedeh Tavakoli, Ph.D., Professor, Department Chair (<https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/departments/counselor-education/faculty-and-staff-profiles/>)

Laura Tejada, Ph.D., Associate Professor (<https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/departments/counselor-education/faculty-and-staff-profiles/>)

Jia-Rung Wu, Ph.D., Assistant Professor (<https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/departments/counselor-education/faculty-and-staff-profiles/>)

COUN-401. Professional Orientation & Legal/Ethical Practices. 3 Hours.

This course offers an orientation to the counseling profession, including professional identity issues and the professional career options. Students will study the history of the profession, ethical and legal standards and practices, credentialing, professional organizations, functions of a counselor, and professional journals. Students will also be oriented to skills required for multicultural counseling competency.

COUN-402. Developmental Counseling. 3 Hours.

Course focuses on the concept of developmentally oriented counseling. It is based upon lifespan theory which makes the assumption that there is developmental logic to behavior. Counselors learn to assess and understand the client's developmental processes and provide appropriate helping strategies for clients working through developmental blocks. Students study developmental theories, concepts and principles, including psychosocial, cognitive, moral, emotional, family, career, self and cultural development.

COUN-403. Theories Of Counseling. 3 Hours.

Focuses on various theories of counseling and their associated techniques. Students study a range of theories and their application in various professional settings and are required to synthesize their own approach. This course contributes to the theoretical foundations of the helping relationships component of the program and is required of all students.

COUN-404. Assessment And Evaluation In Counseling. 3 Hours.

Principles of test construction, basic statistical concepts, study of commonly used standardized tests and other evaluative procedures. Interpretations of test data are an integral part of this course.

COUN-405. Individual Counseling Skills. 3 Hours.

A laboratory course providing competency-building experiences to prepare counselors for helping relationships. Supervised counseling of fellow students and outside clients is required. Both a knowledge base and a skill base are developed. In all aspects of this course, confidentiality and ethical behavior are stressed. The course contributes to the helping relationships component of the program and is required of all students.

Prerequisite: (COUN-401 with a minimum grade of C or COUN-433 with a minimum grade of C) and COUN-403 with a minimum grade of C and COUN-430 with a minimum grade of C.

COUN-406. Group Counseling. 3 Hours.

Course focuses on groups and group leadership. Knowledge base includes theory, group processes, group dynamics, interventions, roles of members and leaders, facilitative and debilitative behaviors, characteristics of developmental stages, ethics and therapeutic ingredients of group work. Experiential group activities develop self-awareness, interpersonal skills and leadership ability. Confidentiality and ethical behavior are stressed. Course contributes to the helping relationships and group work components of the program and is required of all students.

Prerequisite: COUN-405 with a minimum grade of B.

COUN-407. Advanced Clinical Mental Health Counseling. 3 Hours.

This advanced clinical mental health counseling course will address the contextual complexity of the constructs of "mental health" and "mental illness." Students will review service delivery strategies and evaluate the effectiveness of clinical mental health counseling approaches through the lenses of strengths-based and wellness-informed practices. Students will work to foster resilience in their clients and practice self-care strategies to prevent against burnout in themselves. Students will apply these skills within a theoretical framework, consistent with best practices, in a laboratory setting with community clients under live supervision of the faculty supervisor.

Prerequisite: COUN-405 with a minimum grade of B.

COUN-408. Research Seminar. 3 Hours.

Introduces students to the nature of scientific research, with particular reference to the research methods and statistical treatments that are appropriate to the study of problems and issues related to professional counseling. Students demonstrate their critical understanding by designing a research proposal. Course contributes to the research and evaluation component of the program and is required of all students.

Prerequisite: COUN-404 with a minimum grade of C.

COUN-409. Career Development. 3 Hours.

This introductory course provides an overview of the field of career development with applications appropriate to the student's sequence. The focus is on career development theories; occupational and educational information; career and leisure counseling; lifestyle and career decision making; and program planning and evaluation. A whole life perspective facilitates the personal, social and career development of children, adolescents and adults. This course contributes to the lifestyle and career development component of the program. Required of all student in the Counselor Education Program.

COUN-410. Seminar In School Counseling. 3 Hours.

This course provides an overview of the field of school counseling in elementary, middle and secondary schools. Emphasis is on the role of the school counselor as well as an examination of the history and current trends in school counseling programs and services. The developmental school counseling model offers a foundation for understanding various interventions, including individual and group counseling, crisis intervention, consultation, appraisal and coordination of counseling services. Required of all students in the School Counseling Program.

COUN-411. Post Secondary College & Career Counseling. 3 Hours.

This course is intended to provide school counseling students with specialized information about the college and career search, admissions, and financial aid processes. This course will provide an overview of the field of college counseling and the basics of the college admission and selection process. It will emphasize the role of the school counselor in providing information, assistance, and support in the students' and families' decision-making.

Prerequisite: COUN-410 with a minimum grade of B.

COUN-412. Topics In School Counseling. 3 Hours.

This course examines important topics for professional school counselors: collaboration and consultation in schools; crisis management in schools; and academic development of students. It also addresses current Illinois Learning Standards for counselors: reading methods, social/emotional learning, and bilingual/bicultural education. Critical analysis of best practice is considered as well as strategies to maximize learning and development of Pre K - Age 21 students.

Prerequisite: COUN-410 with a minimum grade of C.

COUN-414. Advanced Career Counseling. 3 Hours.

Advanced Career Counseling provides students with an in-depth laboratory experience in career counseling which will require them to integrate their knowledge of career and counseling theories, individual counseling skills, evaluation techniques and skills related to the job search process. Students will be required to formulate, present and write an in-depth client case study. This course is required of all students in the career development sequence.

Prerequisite: COUN-409 with a minimum grade of C.

COUN-415. Children And Youth In School And Family Systems. 3 Hours.

A study of children and youth and their systems. Assessment and Counseling techniques will be addressed. A comparison between the medically modeled view and the systematic view will be presented. Students will interview a child and his/her family as well as an older youth and their family.

Prerequisite: COUN-402 with a minimum grade of C.

COUN-416. Introduction To Play Therapy. 3 Hours.

Study of play therapy theory, research, and utility in school and clinical settings. Application of play-based assessment, treatment planning, and therapeutic skills through supervised laboratory experience.

Prerequisite: COUN-401 with a minimum grade of B and COUN-402 with a minimum grade of B and COUN-403 with a minimum grade of B and COUN-405 with a minimum grade of B and COUN-415 with a minimum grade of B.

COUN-420. Introduction To Family Counseling. 3 Hours.

Course focuses on major theories and techniques of family counseling. Lectures, student research and role playing are utilized as presentation forms.

Requirement: Master's degree candidacy in Counseling or consent of the instructor.

COUN-421. Advanced Couple And Family Counseling. 3 Hours.

This advanced clinical class and lab experience in couple and family counseling will increase the student's knowledge and skills in the practice of relational therapy within a culturally-responsive framework. Students will study couple and family therapy treatment models which focus on promoting relational wellness and strengths. Students will apply these skills in a laboratory setting with community clients under the live supervision of the faculty instructor. Skills in clinical assessment and record-keeping will be taught and practiced. Introductory self-supervision strategies will be explored.

Prerequisite: COUN-401 with a minimum grade of C and COUN-403 with a minimum grade of C and COUN-420 with a minimum grade of C.

COUN-422. Interventions For Grief & Traumatic Bereavement Across The Lifespan. 3 Hours.

This skill-building course will present an overview of clinical interventions for grief and traumatic bereavement across the lifespan. Evidence-based, developmentally-appropriate and culturally-informed intervention models to build and repair attachment bonds and resilience will be taught. Students will practice skills in active role plays during class sessions.

Prerequisite: (COUN-401 with a minimum grade of C or COUN-433 with a minimum grade of C) and COUN-403 with a minimum grade of C and COUN-420 with a minimum grade of C.

COUN-423. Counseling For Business And Industry. 3 Hours.

This course is designed for students in the Career Development Sequence. Focuses on the counseling needs in business and industry. The course builds on the work done in COUN-414 Advanced Career Counseling, with the emphasis on the career counseling needs of the adult worker. Course is of value to students seeking careers in the business world, community colleges and vocational agencies.

Prerequisite: COUN-409 with a minimum grade of C.

COUN-424. Resiliency, Wellness, And Self-Care In Trauma Counseling. 3 Hours.

This course provides an overview of the complexities of working with trauma survivors and the role of mental health professionals within the context of lifespan development of resiliency, posttraumatic growth, resistance, and recovery skills during prevention and intervention. Students learn about countertransference reactions, vicarious trauma, and symptoms of compassion fatigue. The course provides an overview of stress management techniques to enhance sense of well-being, develop resilience and skills to apply self-care strategies. Each student designs, implements and evaluates a personal self-care program appropriate to their own needs and resources. Students engage in research and support group activities to work with various aspects of self-care.

COUN-425. Diagnosis And Treatment Of Addictive Disorders. 3 Hours.

This course is an introduction to alcoholism, substance abuse, and other addictive disorders. The course provides an overview of screening, assessment, and treatment models of addictive disorders. The course is presented in three modules: 1) a contextual understanding of substance addiction including the pharmacological, socioeconomic and psychological aspects of addiction; 2) screening, assessment, treatment planning, referral and counseling, interventions; and 3) specialty addiction areas such as gambling, sexual, food, and relationship addictions. An overview of current best practices in counseling is presented such as motivational interviewing and cognitive/ behavioral approaches.

Prerequisite: (COUN-401 with a minimum grade of C or COUN-433 with a minimum grade of C) and COUN-403 with a minimum grade of C.

COUN-426. Advanced Treatment Of Addictive Disorders. 3 Hours.

This course focuses on the examination and evaluation of evidence based treatment practices for addictive disorders, including process addictions. The course also examines core functions of the alcohol and other drug therapist. Clinical concepts, terminology, and treatment modalities including group, individual, couple, and family counseling techniques are reviewed. The importance of the clinical continuum of care is discussed with additional emphasis on prevention, intervention, treatment and aftercare. Other topics relevant to the ATOD counselor from the treatment perspective, ethical practices, and legal aspects are presented.

Prerequisite: COUN-425 with a minimum grade of C.

COUN-427. Diagnostic Systems For Counseling. 3 Hours.

This course acquaints counselors with descriptive, research-based and clinical knowledge that contributes to the diagnosis and treatment of mental disorders, including disorders of behavior and impulse control, mood and anxiety as well as the various personality disorders and disorders involving loss of contact with reality. Students study the current Diagnostic and Statistical Manual of Mental Disorders of the American Psychiatric Assn. and the ways the manual is used in clinical practice.

Prerequisite: COUN-403 with a minimum grade of C.

COUN-428. Advanced Issues In Co-occurring Disorders And Counseling Interventions. 3 Hours.

This advanced course builds on foundation knowledge from Diagnosis and Treatment of Addictive Disorders (COUN-425) and Crisis and Trauma Counseling (COUN-438). This course explores selected theories and methods for engaging and retaining clients in substance abuse and trauma treatment. In addition, the course reviews and discusses advanced issues resulting from co-morbid substance abuse and mental health problems and identifies system interventions and support strategies for this population. The course specifically focuses on the intersection of traumatic experiences, substance misuse, and mental illness. The behavioral health model and dual-diagnosis are also covered. This course meets curricular requirements for CACREP standards.

COUN-429. Psychopharmacology. 3 Hours.

This is an introductory course to psychopharmacology for non-medical, helping professionals. Students will be informed about the pharmacological aspects of addiction, psychotherapeutic medications and drugs of abuse. Emphasis is placed on the basic principles of pharmacology, the effects of drugs on the human central and peripheral nervous systems; and psychoactive drug effects and side effects. It is also designed to provide an overview of pharmacological classification systems and pharmacological interventions for psychiatric disorders. It will address benefits and side effects, trends and physiological principles as well as medical and pharmacological lexicon.

COUN-430. Social & Cultural Diversity In Counseling. 3 Hours.

Students will be introduced to the training model for multicultural competency, which includes awareness of cultural assumptions, knowledge of cultural diversity and racial/ethnic issues, and skills for social and cultural diversity counseling. Students will gain understanding of the impact of their own cultural identity on behavior, functioning, and the therapeutic relationship. Skills for successful social and cultural diversity counseling will be taught, including assessment of cultural identity and worldview, acculturation, spirituality, gender, socioeconomic status, and oppression.

COUN-431. Couple And Family Systems Study. 3 Hours.

An in-depth look at family systems, including a family's developmental and life cycles. Attention will be given to various contemporary family structures with a focus on family assessment of contemporary problems such as substance abuse, domestic violence and sexual dysfunction. Comparison of a systemic view and the traditional medically modeled psychological and psychiatric view will be addressed. Students will also study the assessment of families through the use of standardized instruments.

Prerequisite: COUN-420 with a minimum grade of C and COUN-405 with a minimum grade of B.

COUN-432. Couples Counseling And Human Sexuality. 3 Hours.

This course provides students with knowledge and understanding of principal theoretical frameworks and the existing clinical approaches to human sexuality and counseling couples. The course exposes students to a variety of clinical topics a counselor is most likely to encounter in clinical work with couples and when addressing issues of human sexuality.

Prerequisite: COUN-420 with a minimum grade of C and COUN-405 with a minimum grade of B.

COUN-433. Foundation Of Rehabilitation Counseling. 3 Hours.

This course will provide students with the foundations of rehabilitation and the rehabilitation counseling profession. The course will introduce students to relevant aspects of rehabilitation history, philosophy, values and practice, with an emphasis on the operational aspects of the rehabilitation service delivery system. The course will examine current issues, community resources, services and the vocational rehabilitation process.

COUN-434. Medical & Psychosocial Aspects Of Disability. 3 Hours.

Involves study of medical information on a wide range of disabilities from systems perspective. The psychological, social and vocational implications of the experience of the various disorders will be integrated into the course. Medical terminology, medical specialty practices and health care systems providing diagnosis, treatment, restorative services, or therapy to individuals with disabilities will be discussed. The course, nature, etiology, effects and prognosis of physical, sensory, mental, neurological, developmental and other disability/disease processes will be covered. Case studies of system-related disabilities will be presented with emphasis on understanding the psychosocial, functional and vocational implications of disease, congenital and adventitious disability.

COUN-435. Work & Disability. 3 Hours.

This course involves both didactic and experiential modes of instruction enabling students to build competencies in the career development and job placement of persons with disabilities. Students will learn the procedures in developing effective job development and placement strategies and obtain knowledge of labor market trends, employment law, and vocational issues surrounding the acquisition and maintenance of competitive employment in today's society. Specific emphasis will be placed on the unique challenges faced by people from non-majority and traditionally underserved groups.

Prerequisite: COUN-433 with a minimum grade of C.

COUN-436. Case Management In Rehabilitation Counseling. 3 Hours.

The course is intended to be a capstone experience whereby the rehabilitation counselor-in-training applies principles, skills and knowledge to simulated case examples. Topics include: the goals and models of case management in rehabilitation; client/consumer interviewing and assessment; planning for appropriate and effective intervention strategies, services and benefits included in a rehabilitation plan; plan monitoring and evaluation; and job placement, closure and follow-up. Various models of case management will be presented with a primary focus on the State-Federal Vocational Rehabilitation model.

Prerequisite: COUN-433 with a minimum grade of C and COUN-434 with a minimum grade of C and COUN-435 with a minimum grade of C.

COUN-437. Trauma-Focused Assessment And Integrative Counseling Interventions. 3 Hours.

The purpose of this course is to advance the student's knowledge and skills in trauma-informed integrative approaches. The course covers commonly used trauma-informed counseling assessments and interventions with an emphasis on the integration of neuroscience. Students will learn the roles and responsibilities of helping professionals working with clients who have experienced trauma by examining the affective, neurobiological, developmental, cognitive, behavioral, and systemic issues that emerge from exposure to crisis and trauma.

Prerequisite: COUN-405 with a minimum grade of B and COUN-427 with a minimum grade of C.

COUN-438. Trauma And Crisis Counseling. 3 Hours.

This course provides the counseling student with an introduction to research, theory, and practices within the field of trauma and crisis diagnosis, assessment and intervention. The course will cover the historical evolution of the field; biopsychosocial underpinnings of trauma and trauma spectrum disorders; issues in diagnosis, assessment, and intervention from a culturally diverse and systemic framework; and a synthesis of best practices as they are currently evolving.

Prerequisite: COUN-405 with a minimum grade of B and COUN-427 with a minimum grade of C.

COUN-439. Case Conceptualization & Treatment Planning. 3 Hours.

This course will focus on using integrative conceptualization and counseling models and a basis for on-going assessment (clinical understanding of the client), diagnosis (identification and labeling of a problem), and treatment planning (interventions and strategies) to help clients make changes and improve their coping and resiliency. The course builds on the knowledge of theories of counseling (COUN-403) and diagnosis of mental disorders with the current, Diagnostic and Statistical Manual of Mental Disorders of the American Psychiatric Association (COUN-427).

Prerequisite: COUN-403 with a minimum grade of C and COUN-427 with a minimum grade of C.

COUN-442. Practicum I: Group Supervision In School Counseling. 3 Hours.

This course focuses on the integration of counseling skills and conceptual frameworks to create strategies to assist children in the areas of personal, social, education and career development. Clinical experiences in school counseling, in which these strategies are applied in supervised counseling sessions with individuals and groups, will be discussed in group supervision. This course contributes to the counseling proficiency component of the program, and is required of all students enrolled in the school counseling program.

Prerequisite: COUN-401 with a minimum grade of C and COUN-402 with a minimum grade of C and COUN-403 with a minimum grade of C and COUN-404 with a minimum grade of C and COUN-405 with a minimum grade of B and COUN-406 with a minimum grade of B and COUN-409 with a minimum grade of C and COUN-410 with a minimum grade of C and COUN-412 with a minimum grade of C and COUN-430 with a minimum grade of C.

COUN-444. Practicum: Group Supervision In Clinical Mental Health Counseling. 3 Hours.

This course focuses on group supervision of clinical experiences. Students receive weekly supervision from university supervisor and site supervisor, while practicing their skills in conducting intake, mental health assessment, diagnosis, case conceptualization, treatment planning, and mental health counseling. This course contributes to the counseling proficiency component of the program and is required of all students in the Clinical Mental Health Counseling program.

Prerequisite: COUN-403 with a minimum grade of C and COUN-404 with a minimum grade of C and COUN-401 with a minimum grade of C and COUN-402 with a minimum grade of C and COUN-405 with a minimum grade of B and COUN-406 with a minimum grade of B and COUN-407 with a minimum grade of B and COUN-409 with a minimum grade of C and COUN-420 with a minimum grade of C and COUN-427 with a minimum grade of C and COUN-430 with a minimum grade of C.

COUN-445. Practicum I: Group Supervision In Couple And Family Counseling. 3 Hours.

Practicum I focuses on group supervision of the clinical experiences as well as on assessment and planning procedures for counselors within the context of legal and ethical guidelines. A review of major theories and Couple/ Marriage & Family techniques are applied to case material generated from the field experience of Practicum I. This course contributes to the counseling proficiency component of the program and is required of all students in the family counseling program.

Prerequisite: COUN-401 with a minimum grade of C and COUN-402 with a minimum grade of C and COUN-403 with a minimum grade of C and COUN-404 with a minimum grade of C and COUN-405 with a minimum grade of B and COUN-406 with a minimum grade of B and COUN-409 with a minimum grade of C and COUN-415 with a minimum grade of C and COUN-420 with a minimum grade of C and COUN-421 with a minimum grade of B and COUN-427 with a minimum grade of C and COUN-430 with a minimum grade of C and COUN-432 with a minimum grade of C.

COUN-446. Practicum In Rehabilitation Counseling. 3 Hours.

Students will apply rehabilitation counseling knowledge and skills introduced in previous courses. The purpose of the course is to enhance basic rehabilitation counseling skills including interviewing, listening skills, assessment, documentation and case recording, referral and follow-up services. There will be periodic and direct communications throughout the semester between the site supervisor and the faculty through site visits, conference calls, electronic communications and either video-taping or audio-recording of individual counseling sessions between the student and client.

Prerequisite: COUN-402 with a minimum grade of C and COUN-403 with a minimum grade of C and COUN-404 with a minimum grade of C and COUN-405 with a minimum grade of B and COUN-406 with a minimum grade of B and COUN-409 with a minimum grade of C and COUN-433 with a minimum grade of C and COUN-434 with a minimum grade of C and COUN-435 with a minimum grade of C and COUN-436 with a minimum grade of C.

COUN-462. Internship I: School Counseling. 3 Hours.

This is the first of two supervised internship courses required for the school counseling program. The focus of the course is on the implementation of the role of the school counselor in school settings. Interns work under the supervision of a site supervisor and a university faculty person. The course will require the intern to complete 300 hours of field related activities and participate in an on-campus seminar every other week.

Prerequisite: COUN-442 with a minimum grade of B.

COUN-463. Internship I: Rehabilitation Counseling. 3 Hours.

Students will apply rehabilitation counseling knowledge and skills introduced in previous courses through classroom-based activities and supervision provided by university-based certified rehabilitation counselor. The purpose of the course is to enhance basic rehabilitation counseling skills through Socratic, individualized and group supervision including interviewing, listening skills, ethical/professional issues, case studies, community resource reports, assessment, documentation and case recording, referral and follow-up services in actual community-based settings serving persons with disability.

Prerequisite: COUN-446 with a minimum grade of B.

COUN-464. Internship I: Clinical Mental Health Counseling. 3 Hours.

The course focuses on group supervision of students in the Clinical Mental Health Counseling program during their internship experience. Students receive supervision from faculty supervisor and site supervisor while they master skills learned throughout their program by demonstrating effective counseling skills with actual clients in individual and group counseling sessions. Students are required to complete a minimum of 300-hours of supervised field-related experience such as intake, mental health assessment, diagnosis, case conceptualization, treatment planning, and mental health counseling.

Prerequisite: COUN-444 with a minimum grade of B.

COUN-465. Internship I: Group Supervision In Couple And Family Counseling. 3 Hours.

This is the first of the supervised internship courses required for the family counseling program. The focus of this course is on the implementation of the role of the family counselor in a community agency, family guidance clinic, community mental health center, hospital, substance abuse treatment program, aging center or court services setting. Interns will be working under the supervision of a site supervisor and a counselor education faculty person. The course will require the intern to complete 300 hours of field-related activities, including participation in an on-campus seminar every other week.

Prerequisite: COUN-445 with a minimum grade of B.

COUN-466. Independent Study In Guidance And Personnel Work. 3 Hours.

Intensive guided study in selected areas of guidance and personnel work. Consultation with instructor prior to registration is mandatory.

COUN-468H. Seminar In Counseling: Student Personnel Work In Higher Education. 3 Hours.**COUN-469. Independent Study In Guidance And Personnel Work. 1 Hour.**

Intensive guided study in selected areas of guidance and personnel work. Consultation with instructor prior to registration is mandatory.

COUN-470. Independent Study In Guidance And Personnel Work. 2 Hours.

(See COUN-469 for description.)

COUN-472. Internship II:School Counseling. 3 Hours.

Second of two supervised internship courses required for the school counseling program. A continuation of COUN-462 focusing on the implementation of the role of the school counselor in school settings. Additionally, Illinois Professional Teaching Standard 6: Reading, Writing, and Oral Communication is addressed in the course. Interns work under the supervision of a site supervisor and a counselor education staff person. The course requires the interns to complete 300 hours of field-related activities and participate in an on-campus seminar every other week.

Prerequisite: COUN-442 with a minimum grade of C.

COUN-473. Internship II:Rehabilitation Counseling. 3 Hours.

Students will apply rehabilitation counseling knowledge and skills introduced in previous courses in a community-based, field experience. The purpose of the course is to further develop rehabilitation counseling skills including counseling interventions, intake interviewing and eligibility determination, assessment, rehabilitation plan development and construction, documentation and case recording, case management and follow-up services. There will be periodic and direct communications throughout the semester between the site supervisor and the faculty through site visits, conference calls, electronic communications and either videotaping or audiorecording of individual counseling sessions between the student and client.

Prerequisite: COUN-463 with a minimum grade of B.

COUN-474. Internship II: Clinical Mental Health Counseling. 3 Hours.

This course is a continuation of COUN-464 which further involves the intern in mastering individual and group counseling skills. Students are required to complete a minimum of 300-hours of supervised field-related experience such as intake, mental health assessment, diagnosis, case conceptualization, treatment planning, and mental health counseling.

Prerequisite: COUN-464 with a minimum grade of B.

COUN-475. Internship II:Group Supervision In Couple And Family Counseling. 3 Hours.

This course is a continuation of COUN-465 and further involves the intern in the implementation of the role of the family counselor in an approved internship placement. Interns will be working under the supervision of a site supervisor and a counselor education staff person. The course will require the intern to complete 300 hours of field related activities, including participation in an on-campus seminar every other week.

Prerequisite: COUN-465 with a minimum grade of B.

COUN-476. Internship II:Rehabilitation Counseling. 3 Hours.

Students will apply rehabilitation counseling knowledge and skills introduced in previous courses in a community-based, field experience. The purpose of the course is to further develop rehabilitation counseling skills including counseling interventions, intake interviewing and eligibility determination, assessment, rehabilitation plan development and construction, documentation and case recording, case management and follow-up services. There will be periodic and direct communications throughout the semester between the site supervisor and the faculty through site visits, conference calls, electronic communications and either videotaping or audiorecording of individual counseling sessions between the student and client.

Prerequisite: COUN-466 with a minimum grade of B.

COUN-477. Current Issues:Marriage And Family Therapy. 1 Hour.

Presents detailed treatment of selected issues and concerns in Marriage and Family Therapy. Consult the Schedule of Classes for current offerings. Prospective topics will include the Theory and Treatment of Sexual Dysfunction, Treating the Sexually Abusive Family, and Divorce Mediation.

COUN-478. Advanced Counseling. 3 Hours.

The purpose of this course is to provide the counselor education students with advanced practice in individual counseling. Students will serve as graduate mentors to those who are taking COUN-405 Individual Counseling Skills. The students in this course will assist the instructor in demonstrations of proper counseling skills, in supervision of counseling sessions held in the counselor education laboratory, and in giving feedback to students in COUN-405.

Prerequisite: COUN-405 with a minimum grade of C.

COUN-479. Supervision:Marriage And Family Therapy. 3 Hours.**COUN-490. Thesis Research. 3 Hours.**

This course includes the preparation and submission of a master of arts thesis under the supervision of a faculty committee. Thesis topics will reflect students' interest in a variety of counseling areas. Theses may be based on quantitative and/or qualitative methodologies.

Prerequisite: COUN-408 with a minimum grade of C.

COUN-499. Clinical Supervision. 3 Hours.

This course will examine clinical supervision theory and techniques currently used in counseling and psychotherapy and introduce students to supervision as a specialty. Focusing on developmental issues of both supervisors and clinicians, this course will study methods that can be used to enhance counselor competency and issues related to supervising multiple counseling models. Students are expected to be supervising already, as a group and individual supervision-of-supervision will be a component of the class.

COUN-5901. Thesis Research. 1 Hour.

This course includes the preparation and submission of a Master of Arts thesis under the supervision of a faculty committee. Thesis topics will reflect students' interest in a variety of counseling areas. Theses may be based on quantitative and/or qualitative methodologies. Students will enroll in a total of 3 credits of thesis hours over one or more semesters while working on the thesis.

Requirement: consent of Department or Instructor

Prerequisite: COUN-403 with a minimum grade of C and COUN-404 with a minimum grade of C and COUN-408 with a minimum grade of C.

COUN-5902. Thesis Research. 2 Hours.

This course includes the preparation and submission of a Master of Arts thesis under the supervision of a faculty committee. Thesis topics will reflect students' interest in a variety of counseling areas. Theses may be based on quantitative and/or qualitative methodologies. Students will enroll in a total of 3 credits of thesis hours over one or more semesters while working on the thesis.

Requirement: consent of Department or Instructor

Prerequisite: COUN-403 with a minimum grade of C and COUN-404 with a minimum grade of C and COUN-408 with a minimum grade of C.

COUN-5903. Thesis Research. 3 Hours.

This course includes the preparation and submission of a Master of Arts thesis under the supervision of a faculty committee. Thesis topics will reflect students' interest in a variety of counseling areas. Theses may be based on quantitative and/or qualitative methodologies. Students will enroll in a total of 3 credits of thesis hours over one or more semesters while working on the thesis.

Requirement: consent of Department or Instructor

Prerequisite: COUN-403 with a minimum grade of C and COUN-404 with a minimum grade of C and COUN-408 with a minimum grade of C.