

# Major in Community Health

## Major in Community Health for the Bachelor of Science Degree

The Community Health (HSCI) program prepares students to work in a variety of settings that include: city, county, and state health departments, hospitals, worksite wellness, college campuses, parks and recreation departments, non-profit organizations (American Diabetes Association, American Cancer Society, YMCA, Boys and Girls Club), and more. Example programs community health majors work with include: nutrition and exercise, alcohol and other drugs, sexual transmitted infections and contraception awareness, social and emotional health, environmental awareness, disease prevention, health disparities, immunization awareness, and many more. Graduates use their knowledge and skills to focus on how best to reach vulnerable community members and to better allocate resources to under-served populations. They may initiate wellness programs, write policies, implement educational and primary prevention activities, or create resources to promote healthy living.

Community Health students complete an internship. The internship is comprised of a semester-long fieldwork experience and a weekly seminar with assignments. Community Health students complete 200 clock hours of work in a community health related agency.

### ADMISSION and RETENTION REQUIREMENTS

Students pursuing a degree in the Department of Health Sciences and Physical Education must receive a grade of "C" or above in all major courses. Students with a grade below a "C" will have the opportunity to repeat the course only once.

#### Accelerated BS in Community Health to Master of Public Health Concentration

Students seeking admission into the accelerated BS in Community Health to the Master of Public Health (MPH) program should meet with their academic advisor **early** in the BS program to meet the requirements and maximize the benefits of this concentration. This concentration requires a 3.0 cumulative GPA average. Upon graduation from the BS, students in the accelerated program will meet with MPH academic advisor to plan the remaining coursework. After graduation with the BS in Community Health and commencement of the MPH, students may choose to substitute an elective for PH 480 should they wish not to complete an additional internship.

### EXIT REQUIREMENTS

Successful completion of all Goodwin College of Education and Department program requirements

## University Core Curriculum Requirements

General Education Distribution Area	Cr. Hrs.
<b>Fine Arts (FA)*</b> 2 courses, from at least two of the following areas of study: Art, CMT (Mass Media or Theatre), Music (includes Dance).	6
<b>Humanities (HU)*</b> 3 courses, from at least two of the following areas of study: CMT (Communication), English, Linguistics, Philosophy, Women's and Gender Studies, World Languages and Cultures, (Note: No more than two foreign language courses may be used to fulfill this requirement.)	9
<b>Behavioral/Social Sciences (SB)*</b> 3 courses, from at least two of the following areas of study: African & African American Studies, Anthropology, Computer Science, Economics, Geography & Environmental Studies, History, Justice Studies, Latino & Latin American Studies, Political Science, Psychology, Sociology, Social Work	9
<b>Natural Sciences (NS and NSL)**</b> 3 courses, from at least two of the following areas of study; one course must have a laboratory component (NSL): Biology, Chemistry, Earth Science, Environmental Science, Physics (Note: If an FYE ANTH that counts as Natural Science is taken, only one Biology course may be used for Natural Science).	9

### Engaged Learning Experiences

Students must complete, at Northeastern, three courses designated as Engaged Learning Experiences courses. One of the Engaged Learning Experiences courses must be at the 300-level, and one Engaged Learning Experiences course must be designated as "Boundary Crossing".

**Discipline Specific (ELE-DS)**

These courses have pre-requisites that are specific courses within a program of study. Discipline Specific courses give students a deeper understanding of how knowledge is created and applied in their field.

**Boundary Crossing (ELE-X)**

These are courses that cross disciplinary boundaries and/or cross boundaries through engagements outside the classroom or University allowing students to see how knowledge gained in one field might inform other fields or other aspects of society.

**Math/Quantitative Reasoning (MA)**

1 Math course, that has intermediate Algebra as prerequisite OR is a course listed on the General Education Distributive Learning List of Approved Courses. Any 3 hour college level math course, beyond Intermediate Algebra, meets this requirement.

\* Majors in Fine Arts, Humanities or Social/Behavioral Sciences, may waive up to 6 credit hours of General Education requirements in the corresponding distribution area.

\*\* Majors in Natural Sciences may waive up to 9 credit hours of General Education requirements in the Natural Sciences distribution area.

Students should also be aware of all other university requirements to obtain a degree - NEIU requirements (<http://catalog.neiu.edu/graduation-requirements/bachelors-degree/>)

**Major in Community Health for the Bachelor of Science degree**

Code	Title	Hours
<b>Community Health General Education Requirements</b>		
<b>Fine Arts - 6cr.</b>		<b>6</b>
<b>Humanities - 9cr.</b>		<b>9</b>
<b>Behavioral Sciences - 9 cr.</b>		<b>9</b>
<b>Natural Sciences - 9cr.</b>		<b>9</b>
<b>Math/Quantitative Reasoning - 3cr.</b>		<b>3</b>
<b>Other Requirements</b>		
ENGL-101	Writing I	3
ENGL-102	Writing II	3
Elective - Choose one (1)		3
CMTC-202	Voice and Diction	
CMTC-101	Public Speaking	
<b>Total Hours</b>		<b>45</b>

Public Health Sciences concentration:

Code	Title	Hours
<b>Community Health Required Courses</b>		
PEMT-305	Functional And Structural Human Anatomy	3
HSCI-200	Community Health	3
HSCI-303	Human Sexuality And Sex Education	3
HSCI-309	Nutrition And Health	3
HSCI-312	Global And Environmental Health	3
HSCI-314	Epidemiology And Human Diseases	3
HSCI-315	Writing Intensive Program: Writing In The Health Sciences And Physical Education	3
HSCI-316	Health Disparities: Individual, Communities, And Systems	3
HSCI-319	Substance Use And Abuse Education	3
HSCI-323	Mental And Emotional Health	3
<b>Professional Preparation Level 1</b>		
HSCI-340	Health Behavior Theory & Practice	3

HSCI-357	Introduction To Health Care Management And Leadership	3
<b>Professional Preparation Level 2</b>		
HSCI-350	Community And Public Health Education Methods	3
<b>Professional Preparation Level 3</b>		
HSCI-360	Health Program Management & Evaluation	3
HSCI-370	Field Experience: Community Health	9
<b>Elective Courses Public Health Sciences Concentration</b>		<b>24</b>
Choose eight (8) from the following:		
HSCI-317	Age, Death, And Dying	3
HSCI-320	Cancer Health Policy	3
HSCI-355	Organization & Administration Of School Health	3
HSCI-364	Theories And Concepts Of School Health Education	3
AFAM-200	Introduction To African And African American Studies	3
ANTH-201	Anthropology: Being Human	3
ANTH-212	Introduction To Cultural Anthropology	3
ANTH-213	Introduction To Archaeology	3
ANTH-215	Human Origins And Adaptations	3
ANTH-302	Human Osteology	4
ANTH-307	Anthropology Of Gender, Sexuality And The Body	3
ANTH-317	Medical Anthropology	3
ANTH-329A	Evolution Of The Human Diet	3
ANTH-332	Human Growth And Development In Evolutionary Perspective	3
ANTH-343	Anthropology Of The Body	3
ANTH-356	Human Diversity And The Question Of Race	3
ANTH-360	Scientific Racism: Eugenics Then And Again	3
BIO-300A	Foods And Drugs: Biology And Society	3
ECON-336	Health Economics	3
EDFN-306	Education And Individual Differences	3
GES-307	Environmental Education	3
GES-345	Medical Geography	3
GES-350	Climate Change: International Policy And Politics	3
GES-359	Environmental Planning	3
GES-361	Urban Planning	3
GES-391	Introduction To GIS	3
HRD-300	Principles And Practices In Human Resource Development	3
HRD-301	Adult Teaching/Learning Process	3
HRD-320	Dynamics Of Working With Groups And Individuals	3
JUST-301	Theories Of Justice And Social Change	3
MNGT-201	Introduction To Business	3
MNGT-350	Introduction To Entrepreneurship	3
MNGT-355	Creativity And Innovation	3
MNGT-371	Organizational Behavior	3
MNGT-373	Human Resource Management	3
MNGT-374	Staffing & Selection	3
MNGT-380	Entrepreneurship	3
MKTG-350	Principles Of Marketing	3
MKTG-351	Consumer Behavior	3
MKTG-353	Marketing Research	3
MKTG-354	Personal Selling	3
MKTG-355	Digital Marketing	3
MKTG-361	Social Media Marketing	3
PHIL-315	Medical Ethics	3

PSYC-311	Psychosexual Development	3
PSYC-312	Psychological Development In Women	3
PSYC-314	Psychology Of The African American Family	3
PSYC-324	Geropsychology	3
PSYC-325	Psychosocial Development And Aging	3
PSYC-370	Theories Of Learning	3
SOC-302	Sociology Of Aging	3
SOC-307	Men & Masculinities	3
SOC-311	Sociology Of Sports	3
SOC-312	Sociology Of Health And Illness	3
SOC-314	Urban Sociology	3
SOC-329	Sociology Of Violence	3
SOC-332	Schools, Domination & Liberation: Sociology Of Education	3
SOC-338	Environmental Sociology	3
SOC-340	Sociology Of Sexualities	3
SOC-347	Sociology Of Media	3
SOC-352	Sociology Of HIV/AIDS	3
SOC-358	Sociology Of Youth And Youth Culture	3
SOC-370	Sociology Of Food	3
SWK-200	Introduction To Social Work	3
UCS-201	Power And Oppression In The Urban Community	3
UCS-302	Urban Education And The Art Of Critical Pedagogy	3
UCS-304	Contemporary Issues In Urban Community Studies	3
UCS-328	Trauma, Resilience, And Resistance In Urban Communities	3
UCS-343	Racism, Xenophobia, And Bias In The Urban Context	3
WGS-210	Introduction To Lesbian, Gay, Bisexual, Transgender & Queer Studies	3
WGS-360	Queer Theory	3

Accelerated BS in Community Health / Master of Public Health concentration:

Code	Title	Hours
<b>Community Health Required Courses</b>		<b>33</b>
PEMT-305	Functional And Structural Human Anatomy	3
HSCI-303	Human Sexuality And Sex Education	3
HSCI-309	Nutrition And Health	3
HSCI-312	Global And Environmental Health	3
HSCI-315	Writing Intensive Program: Writing In The Health Sciences And Physical Education	3
HSCI-318	Consumer Health	3
HSCI-319	Substance Use And Abuse Education	3
HSCI-323	Mental And Emotional Health	3
HSCI-370	Field Experience: Community Health	9
<b>MPH Coursework</b>		<b>18</b>
PH-400	Introduction To Public Health	3
PH-405	Social And Behavioral Health Theory	3
PH-410	Epidemiology	3
PH-440	Health Disparities & Health Advocacy	3
PH-450	Health Care Program And Services Administration	3
PH-460	Design And Development Of Public Health Programs	3
<b>Elective Courses Accelerated BS/MPH Concentration</b>		<b>24</b>
Choose 8 courses from the following:		
HSCI-317	Age, Death, And Dying	3
HSCI-320	Cancer Health Policy	3

HSCI-355	Organization & Administration Of School Health	3
HSCI-364	Theories And Concepts Of School Health Education	3
AFAM-200	Introduction To African And African American Studies	3
ANTH-201	Anthropology: Being Human	3
ANTH-212	Introduction To Cultural Anthropology	3
ANTH-213	Introduction To Archaeology	3
ANTH-215	Human Origins And Adaptations	3
ANTH-302	Human Osteology	4
ANTH-307	Anthropology Of Gender, Sexuality And The Body	3
ANTH-317	Medical Anthropology	3
ANTH-329A	Evolution Of The Human Diet	3
ANTH-332	Human Growth And Development In Evolutionary Perspective	3
ANTH-343	Anthropology Of The Body	3
ANTH-356	Human Diversity And The Question Of Race	3
ANTH-360	Scientific Racism: Eugenics Then And Again	3
BIO-300A	Foods And Drugs: Biology And Society	3
ECON-336	Health Economics	3
EDFN-306	Education And Individual Differences	3
GES-307	Environmental Education	3
GES-345	Medical Geography	3
GES-350	Climate Change: International Policy And Politics	3
GES-359	Environmental Planning	3
GES-361	Urban Planning	3
GES-391	Introduction To GIS	3
HRD-300	Principles And Practices In Human Resource Development	3
HRD-301	Adult Teaching/Learning Process	3
HRD-320	Dynamics Of Working With Groups And Individuals	3
JUST-301	Theories Of Justice And Social Change	3
MNGT-201	Introduction To Business	3
MNGT-350	Introduction To Entrepreneurship	3
MNGT-355	Creativity And Innovation	3
MNGT-371	Organizational Behavior	3
MNGT-373	Human Resource Management	3
MNGT-374	Staffing & Selection	3
MNGT-380	Entrepreneurship	3
MKTG-350	Principles Of Marketing	3
MKTG-351	Consumer Behavior	3
MKTG-353	Marketing Research	3
MKTG-354	Personal Selling	3
MKTG-355	Digital Marketing	3
MKTG-361	Social Media Marketing	3
PHIL-315	Medical Ethics	3
PSYC-311	Psychosexual Development	3
PSYC-312	Psychological Development In Women	3
PSYC-314	Psychology Of The African American Family	3
PSYC-324	Geropsychology	3
PSYC-325	Psychosocial Development And Aging	3
PSYC-370	Theories Of Learning	3
SOC-302	Sociology Of Aging	3
SOC-307	Men & Masculinities	3
SOC-311	Sociology Of Sports	3
SOC-312	Sociology Of Health And Illness	3

SOC-314	Urban Sociology	3
SOC-329	Sociology Of Violence	3
SOC-332	Schools, Domination & Liberation: Sociology Of Education	3
SOC-338	Environmental Sociology	3
SOC-340	Sociology Of Sexualities	3
SOC-347	Sociology Of Media	3
SOC-352	Sociology Of HIV/AIDS	3
SOC-358	Sociology Of Youth And Youth Culture	3
SOC-370	Sociology Of Food	3
SWK-200	Introduction To Social Work	3
UCS-201	Power And Oppression In The Urban Community	3
UCS-302	Urban Education And The Art Of Critical Pedagogy	3
UCS-304	Contemporary Issues In Urban Community Studies	3
UCS-328	Trauma, Resilience, And Resistance In Urban Communities	3
UCS-343	Racism, Xenophobia, And Bias In The Urban Context	3
WGS-210	Introduction To Lesbian, Gay, Bisexual, Transgender & Queer Studies	3
WGS-360	Queer Theory	3

Exercise Science and Recreation concentration:

Code	Title	Hours
<b>Community Health Required Courses</b>		
Major Core Courses		
PEMT-305	Functional And Structural Human Anatomy	3
HSCI-200	Community Health	3
HSCI-303	Human Sexuality And Sex Education	3
HSCI-309	Nutrition And Health	3
HSCI-312	Global And Environmental Health	3
HSCI-314	Epidemiology And Human Diseases	3
HSCI-315	Writing Intensive Program: Writing In The Health Sciences And Physical Education	3
HSCI-316	Health Disparities: Individual, Communities, And Systems	3
HSCI-319	Substance Use And Abuse Education	3
HSCI-323	Mental And Emotional Health	3
<b>Professional Preparation Level 1</b>		
HSCI-340	Health Behavior Theory & Practice	3
HSCI-357	Introduction To Health Care Management And Leadership	3
<b>Professional Preparation Level 2</b>		
HSCI-350	Community And Public Health Education Methods	3
<b>Professional Preparation Level 3</b>		
HSCI-360	Health Program Management & Evaluation	3
HSCI-370	Field Experience: Community Health	9
<b>Elective Courses Exercise Science and Recreation Concentration</b>		<b>24</b>
HSCI-317	Age, Death, And Dying	3
EXSC-210	Group Exercise Instructor	3
EXSC-215	Resistance & Cardiovascular Training For Health & Fitness	3
EXSC-304	Testing And Prescription For Health And Fitness	3
EXSC-315	Design Of Specific Exercise Programs	3
EXSC-404	Exercise Testing And Prescription	3
EXSC-413	Development And Management Of Physical Education, Recreation, And Sport Programs	3
EXSC-421	Motor Control And Learning	3
EXSC-422	Biomechanics	3
PEMT-203	Fitness Education	3
PEMT-231	Teaching Target, Net, And Wall Activities In Physical Education	3

PEMT-251	Fundamentals Of Rhythms	3
PEMT-276	Teaching Invasion, Striking, And Fielding Activities In Physical Education	3
PEMT-300	Adventure Education Programming	3
PEMT-302	Kinesiology	3
PEMT-306	Exercise Physiology	3
PEMT-307	Assessment In Physical Education	3
PEMT-308	Motor Skill Behavior	3
PEMT-309	Sport & Exercise Psychology	3
PEMT-311	Introduction To The Theory And Methodology Of Coaching	3
BLAW-285	Legal Environment Of Business	3
MNGT-350	Introduction To Entrepreneurship	3
MNGT-355	Creativity And Innovation	3
MNGT-371	Organizational Behavior	3
MNGT-373	Human Resource Management	3
MNGT-374	Staffing & Selection	3
MNGT-380	Entrepreneurship	3
MKTG-351	Consumer Behavior	3
MKTG-353	Marketing Research	3
MKTG-354	Personal Selling	3
MKTG-355	Digital Marketing	3
MKTG-361	Social Media Marketing	3

This sample curricular map is provided to guide you in the planning of your progression for this major. This guide should not replace regular consultations with your program advisor. For specific recommendations of courses not identified, please consult your program advisor.

#### First Year

Term 1		Hours
MATH-112	Statistics In Daily Life	3
ENGL-101	Writing I	3
BIO-100	Introduction To Biology	3
1 Fine Arts Course		3
1 Behavioral/Social Science Course		3
<b>Term Hours</b>		<b>15</b>
<b>Term 2</b>		
ENGL-102	Writing II	3
CMTC-101 or 202	Public Speaking	3
BIO-104	The Changing Natural Environment	3
1 Fine Arts Course		3
1 Humanities Course		3
<b>Term Hours</b>		<b>15</b>
<b>Second Year</b>		
<b>Term 1</b>		
1 Behavioral/Social Science Course		3
HSCI-200	Community Health	3
HSCI-303	Human Sexuality And Sex Education	3
HSCI-309	Nutrition And Health	3
HSCI-319	Substance Use And Abuse Education	3
<b>Term Hours</b>		<b>15</b>
<b>Term 2</b>		
PEMT-305	Functional And Structural Human Anatomy	3
2 Behavioral/ Social Science Courses		6
1 Humanities Course		3
2 HLED Elective Courses		6
<b>Term Hours</b>		<b>18</b>

**Third Year**

<b>Term 1</b>		
1 Behavioral/ Social Science Course		3
HSCI-312	Global And Environmental Health	3
HSCI-314	Epidemiology And Human Diseases	3
HSCI-315	Writing Intensive Program: Writing In The Health Sciences And Physical Education	3
HSCI-318	Consumer Health	3
		<b>Term Hours</b>
		<b>15</b>

<b>Term 2</b>		
1 Behavioral/ Social Science Course		3
4 Elective Courses		12
		<b>Term Hours</b>
		<b>15</b>

**Fourth Year**

<b>Term 1</b>		
HSCI-316	Health Disparities: Individual, Communities, And Systems	3
HSCI-340	Health Behavior Theory Practice	3
HSCI-350	Community And Public Health Education Methods	3
HSCI-357	Introduction To Health Care Management And Leadership	3
1 Elective Course		3
		<b>Term Hours</b>
		<b>15</b>

<b>Term 2</b>		
HSCI-360	Health Program Management Evaluation	3
HSCI-370	Field Experience: Community Health	9
Elective Course		3
		<b>Term Hours</b>
		<b>15</b>
		<b>Total Hours:</b>
		<b>123</b>