

# Minor in Health Promotion

## Minor in Health Promotion

The Health Promotion Minor is 18 hours. This minor is for students seeking to meet state requirements for an endorsement in health education and students who are interested in learning more about health promotion, community health, and public health.

### ADMISSION and RETENTION REQUIREMENTS

Students pursuing a degree in the Department of Health Sciences and Physical Education must meet all of the Goodwin College of Education requirements for admission and retention. Students must receive a grade of "C" or above in all major courses. Students with a grade below a "C" will have the opportunity to repeat the course only once.

### EXIT REQUIREMENTS

Successful completion of all Goodwin College of Education and Department program requirements

**Note:** Beginning in Fall 2023, the policy for taking courses in the Goodwin College of Education changed. Please, see more information on our website: [gcoe \(https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/admission/\)](https://www.neiu.edu/academics/daniel-l-goodwin-college-of-education/admission/)

## University Core Curriculum Requirements

General Education Distribution Area	Cr. Hrs.
<b>Fine Arts (FA)*</b>	6
2 courses, from at least two of the following areas of study: Art, CMT (Mass Media or Theatre), Music (includes Dance).	
<b>Humanities (HU)*</b>	9
3 courses, from at least two of the following areas of study: CMT (Communication), English, Linguistics, Philosophy, Women's and Gender Studies, World Languages and Cultures, (Note: No more than two foreign language courses may be used to fulfill this requirement.)	
<b>Behavioral/Social Sciences (SB)*</b>	9
3 courses, from at least two of the following areas of study: African & African American Studies, Anthropology, Computer Science, Economics, Geography & Environmental Studies, History, Justice Studies, Latino & Latin American Studies, Political Science, Psychology, Sociology, Social Work	
<b>Natural Sciences (NS and NSL)**</b>	9
3 courses, from at least two of the following areas of study; one course must have a laboratory component (NSL): Biology, Chemistry, Earth Science, Environmental Science, Physics (Note: If an FYE ANTH that counts as Natural Science is taken, only one Biology course may be used for Natural Science).	

### Engaged Learning Experiences

Students must complete, at Northeastern, three courses designated as Engaged Learning Experiences courses. One of the Engaged Learning Experiences courses must be at the 300-level, and one Engaged Learning Experiences course must be designated as "Boundary Crossing".

#### Discipline Specific (ELE-DS)

These courses have pre-requisites that are specific courses within a program of study. Discipline Specific courses give students a deeper understanding of how knowledge is created and applied in their field.

#### Boundary Crossing (ELE-X)

These are courses that cross disciplinary boundaries and/or cross boundaries through engagements outside the classroom or University allowing students to see how knowledge gained in one field might inform other fields or other aspects of society.

**Math/Quantitative Reasoning (MA)**

1 Math course, that has intermediate Algebra as prerequisite OR is a course listed on the General Education Distributive Learning List of Approved Courses. Any 3 hour college level math course, beyond Intermediate Algebra, meets this requirement.

- \* Majors in Fine Arts, Humanities or Social/Behavioral Sciences, may waive up to 6 credit hours of General Education requirements in the corresponding distribution area.
- \*\* Majors in Natural Sciences may waive up to 9 credit hours of General Education requirements in the Natural Sciences distribution area.

Students should also be aware of all other university requirements to obtain a degree - NEIU requirements (<http://catalog.neiu.edu/graduation-requirements/bachelors-degree/>)

**Required for the Minor in Health Promotion**

Code	Title	Hours
<b>Courses</b>		
Student must select 6 courses from the list below.		18
HSCI-200	Community Health	3
HSCI-303	Human Sexuality And Sex Education	3
HSCI-309	Nutrition And Health	3
HSCI-312	Global And Environmental Health	3
HSCI-314	Epidemiology And Human Diseases	3
HSCI-316	Health Disparities: Individual, Communities, And Systems	3
HSCI-317	Age, Death, And Dying	3
HSCI-318	Consumer Health	3
HSCI-319	Substance Use And Abuse Education	3
HSCI-320	Cancer Health Policy	3
HSCI-323	Mental And Emotional Health	3
HSCI-340	Health Behavior Theory & Practice	3
HSCI-350	Health Program Planning, Design & Development	3
HSCI-355	Organization & Administration Of School Health	3
HSCI-357	Introduction To Health Care Management And Leadership	3
HSCI-360	Health Program Management & Evaluation	3
HSCI-364	Theories And Concepts Of School Health Education	3
HSCI-375	Health Promotion Field Experience	3