

# Major in Physical Education PreK-12 Licensure

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## MAJOR IN PHYSICAL EDUCATION PreK-12 FOR THE BACHELOR OF ARTS DEGREE

Physical Education majors, upon successful completion of the program and graduation from Northeastern Illinois University, are entitled to the Illinois Professional Educator License (PEL), endorsed in Physical Education PreK-12. Students are encouraged to complete the minor program in Health Education.

### Program Maintenance Criteria

Students must make an appointment to meet with the Physical Education student advisor Marianne Morrissey (mmorris@neiu.edu) to complete the declaration of major form and to review the requirements for admission into the Physical Education program.

Students must maintain a minimum 2.5 grade point average every semester. Should the candidate's cumulative GPA fall below 2.5, the student is allowed two semesters to raise the GPA back to 2.5. Students must receive a grade of "C" or above in all major courses. Students with a grade below a "C" will have the opportunity to repeat the course only twice.

**Student teaching** requires prior to passage of the Physical Education Content Test #213. If passing scores are not reflected in the student's ELIS account, the student will not be able to complete student teaching and will have to sit out each semester until the test is passed. To be entitled for licensure a student must earn a grade of "B" or better in Student Teaching.

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\*Note: Consult department regarding a non-licensure undergraduate degree.

## ADMISSION REQUIREMENTS

Students must make an appointment to meet with the Physical Education student advisor Marianne Morrissey (mmorris@neiu.edu) to complete the declaration of major form and to review the requirements for admission into the Physical Education program.

### University Core Curriculum Requirements

General Education Distribution Area	Cr. Hrs.
<b>Fine Arts (FA)*</b> 2 courses, from at least two of the following areas of study: Art, CMT (Mass Media or Theatre), Music (includes Dance).	6
<b>Humanities (HU)*</b> 3 courses, from at least two of the following areas of study: CMT (Communication), English, Linguistics, Philosophy, Women's and Gender Studies, World Languages and Cultures, (Note: No more than two foreign language courses may be used to fulfill this requirement.)	9
<b>Behavioral/Social Sciences (SB)*</b> 3 courses, from at least two of the following areas of study: African & African American Studies, Anthropology, Computer Science, Economics, Geography & Environmental Studies, History, Justice Studies, Latino & Latin American Studies, Political Science, Psychology, Sociology, Social Work	9
<b>Natural Sciences (NS and NSL)**</b> 3 courses, from at least two of the following areas of study; one course must have a laboratory component (NSL): Biology, Chemistry, Earth Science, Environmental Science, Physics (Note: If an FYE ANTH that counts as Natural Science is taken, only one Biology course may be used for Natural Science).	9

### Engaged Learning Experiences

Students must complete, at Northeastern, three courses designated as Engaged Learning Experiences courses. One of the Engaged Learning Experiences courses must be at the 300-level, and one Engaged Learning Experiences course must be designated as "Boundary Crossing".

**Discipline Specific (ELE-DS)**

These courses have pre-requisites that are specific courses within a program of study. Discipline Specific courses give students a deeper understanding of how knowledge is created and applied in their field.

**Boundary Crossing (ELE-X)**

These are courses that cross disciplinary boundaries and/or cross boundaries through engagements outside the classroom or University allowing students to see how knowledge gained in one field might inform other fields or other aspects of society.

**Math/Quantitative Reasoning (MA)**

1 Math course, that has intermediate Algebra as prerequisite OR is a course listed on the General Education Distributive Learning List of Approved Courses. Any 3 hour college level math course, beyond Intermediate Algebra, meets this requirement.

\* Majors in Fine Arts, Humanities or Social/Behavioral Sciences, may waive up to 6 credit hours of General Education requirements in the corresponding distribution area.

\*\* Majors in Natural Sciences may waive up to 9 credit hours of General Education requirements in the Natural Sciences distribution area.

Students should also be aware of all other university requirements to obtain a degree - NEIU requirements (<http://catalog.neiu.edu/graduation-requirements/bachelors-degree/>)

**Major in Physical Education PreK-12 Program requirements**

Completion of the Physical Education Program and other requirements leads to the Illinois Professional Educator's License (PEL). Grades in all major courses must be a "C" or higher, with a major GPA of 2.5. Please see course descriptions for prerequisite requirements.

Code	Title	Hours
<b>Required Courses</b>		
Professional Preparation		
EDFN-306	Education And Individual Differences	3
EDFN-307	Psychology Of Instruction And Learning	3
BLBC-340	Teaching English Learners In Diverse Classrooms	3
Physical Education Core		
HSCI-315	Writing Intensive Program: Writing In The Health Sciences And Physical Education	3
PEMT-201	Introduction To Principles And Methods In Physical Education	3
PEMT-203	Fitness Education	3
PEMT-231	Teaching Target, Net, And Wall Activities In Physical Education	3
PEMT-251	Fundamentals Of Rhythms	3
PEMT-276	Teaching Invasion, Striking, And Fielding Activities In Physical Education	3
PEMT-300	Adventure Education Programming	3
PEMT-302	Kinesiology	3
PEMT-303	Adapted Physical Education And Recreation	3
PEMT-305	Functional And Structural Human Anatomy	3
PEMT-306	Exercise Physiology	3
PEMT-307	Assessment In Physical Education	3
PEMT-308	Motor Skill Behavior	3
PEMT-310	Socio-Cultural Influences On Physical Activity	3
PEMT-341	Physical Education Curriculum Design *	3
PEMT-343	Foundations Of Physical Education In Early And Elementary Education *	3
PEMT-344	Foundations Of Physical Education For Middle & High Schools *	3
PEMT-355	Physical Education Clinical Experience *	3
*Student Teaching		
PEMT-375	Student Teaching And Seminar In Physical Education *	12

\*Or PEMT 375B taken for 2 consecutive semesters (fall and spring)

PEMT-375B	Student Teaching And Seminar In Physical Education *	6
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## Exit Requirements for Degree Completion

Successful completion of all program and college requirements with exception of passing score on edTPA.

## EXIT REQUIREMENTS FOR PROGRAM COMPLETION / ENTITLEMENT

Successful completion of all Goodwin College of Education and Department program requirements, with evidence of passing score on edTPA.

Note: Per the State of Illinois School Code, the edTPA has been paused as a licensure requirement until September 2025.

This sample curricular map is provided to guide you in the planning of your progression for this major. This guide should not replace regular consultations with your program advisor. For specific recommendations of courses not identified, please consult your program advisor.

### First Year

Term 1		Hours
College Level Math		3
ENGL-101	Writing I	3
3 GenEd courses		9
<b>Term Hours</b>		<b>15</b>
<b>Term 2</b>		
ENGL-102	Writing II	3
5 GenEd courses		15
<b>Term Hours</b>		<b>18</b>

### Second Year

Term 1		Hours
CMTC-101 or 202	Public Speaking	3
1 GenEd course		3
PEMT-201	Introduction To Principles And Methods In Physical Education	3
PEMT-203	Fitness Education	3
PEMT-276	Teaching Invasion, Striking, And Fielding Activities In Physical Education	3
<b>Term Hours</b>		<b>15</b>
<b>Term 2</b>		
3 GenEd courses		9
PEMT-231	Teaching Target, Net, And Wall Activities In Physical Education	3
PEMT-251	Fundamentals Of Rhythms	3
PEMT-303	Adapted Physical Education And Recreation	3
<b>Term Hours</b>		<b>18</b>

### Third Year

Term 1		Hours
PEMT-305	Functional And Structural Human Anatomy	3
PEMT-307	Assessment In Physical Education	3
PEMT-341	Physical Education Curriculum Design	3
PEMT-343	Foundations Of Physical Education In Early And Elementary Education	3
EDFN-306	Education And Individual Differences	3
<b>Term Hours</b>		<b>15</b>

<b>Term 2</b>		
PEMT-300	Adventure Education Programming	3
PEMT-310	Socio-Cultural Influences On Physical Activity	3
PEMT-302	Kinesiology	3
PEMT-344	Foundations Of Physical Education For Middle High Schools	3
BLBC-340	Teaching English Learners In Diverse Classrooms	3
<b>Term Hours</b>		<b>15</b>
<b>Fourth Year</b>		
<b>Term 1</b>		
PEMT-306	Exercise Physiology	3
PEMT-308	Motor Skill Behavior	3
PEMT-355	Physical Education Clinical Experience	3
EDFN-307	Psychology Of Instruction And Learning	3
<b>Term Hours</b>		<b>12</b>
<b>Fifth Year</b>		
<b>Term 1</b>		
PEMT-375 or 375B	Student Teaching And Seminar In Physical Education	12
<b>Term Hours</b>		<b>12</b>
<b>Total Hours:</b>		<b>120</b>